



SAINT THERESA SCHOOL

In The Catholic Classical Tradition

Saint Theresa School Uniform Policy and Guidelines

The Saint Theresa School uniform policy promotes discipline, decorum, and equality amongst all students. It develops and reinforces a sense of pride, both in the school and in the appearance of the individual. It also serves to limit distractions in the classroom. The St. Theresa School uniform helps to instill in each child the recognition that he or she is an integral part of the school community, while also enhancing the positive image of St. Theresa School in the wider community. St. Paul writes in 1 Corinthians that the “body is a temple of the Holy Spirit.” With this understanding, St. Theresa School seeks to foster the Christian virtues of modesty, obedience, responsibility, and orderliness through the implementation of this uniform policy.

Issues of equality, health, safety, and expense are factors that contribute to the establishment of Saint Theresa’s School Dress Code. The following school uniform policy will be strictly enforced at Saint Theresa School effective September 2023. Outlined below are the specific articles that make up the school uniform. Students are expected to wear uniforms to and from school each day. Gym uniforms should be worn for the entirety of the school day on gym days. Students will not be allowed to change clothes while at school or during after-school care (with the exception of St. Theresa student athletes attending after-school sports practices). It is the responsibility of the student to maintain his or her uniform.

The traditions of a Catholic education provide a standard for our students, which foster an environment conducive to learning, respective behavior, and school pride. All students are expected to wear their uniforms in a manner that exemplifies this pride. Parents are expected to be the primary monitors of the uniform policy, and to help us by ensuring their child is in appropriate uniform each day. All teachers and the principal will address any noncompliance issues with the uniforms.

Official Uniform Provider, French Toast

Shop by school: [Saint Theresa School](#)

Shop by school code: QS49GD

Official Uniform Provider, Lands’ End

Shop by school:

Shop by school code:

Female Student Uniform

Saint Theresa School students are expected to be well-groomed. Skirts and jumpers must come to the knee or below the knee and should be clean and pressed. Shirts must be tucked into skirts at all times. The black fleece is still permissible from Blanchette’s spirit wear and will be available to order again this year.



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Hair and Makeup

Make-up and nail polish are not permitted. Clear chapstick is permissible. Natural hair colors only. Mohawks and non-traditional hairstyles are not allowed. Long hair is to be neatly combed or secured in a ponytail. Hair ties, hair bands and head bows must be black, white, gray, burgundy or burgundy plaid.

Jewelry

One earring per ear is permitted. Girls with pierced ears are permitted to wear post, stud, or sleeper earrings. No earrings that dangle. Nose, eyebrow, face, or lip rings are not acceptable. A watch may be worn (no smart watch or Apple watch). A simple necklace with a medal is permitted.

Outerwear

Boots for weather can be worn to school but students will be required to change into dress shoes (or sneakers on gym day) upon arrival. Outerwear (eg. hats, gloves, coats, non-uniform sweatshirts) may be worn to and from school and on the playground, but outerwear may not be worn in the classroom or in the church. While hats are unacceptable, girls may choose to wear a veil for Holy Mass on Fridays.

- **K to 5 Girls Dress Code**

Burgundy Plaid Round Neck Jumper

White Short Sleeve Modern Peter Pan Blouse OR White Long Sleeve Modern Peter Pan Blouse

Burgundy Anti-Pill Crew Neck Cardigan Sweater, with white embroidered logo "St. Theresa"

White Nylon Cable Knee-High Socks OR Black tights

Black Uniform Kick Short MUST be worn under the jumper if not wearing tights

Black closed toe and closed back dress shoes (i.e. Mary Jane or T Strap)

There is NO summer uniform

- **6 to 8 Girls Dress Code**

Gray Box Pleat Skirt Below the Knee

White Short Sleeve Oxford Blouse with Princess Seams OR White Long Sleeve Oxford Blouse with Princess Seams

Burgundy Anti-Pill Crew Neck Cardigan Sweater OR V-Neck Sweater Vest, with white embroidered logo "St. Theresa"

Adjustable Plaid Burgundy Tie

White Nylon Cable Knee-High Socks OR Black tights

Black Uniform Kick Short MUST be worn under the jumper if not wearing tights

Black closed toe and closed back dress shoes (i.e. Mary Jane or T Strap)



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- **6 to 8 Girls Dress Code (Formal Dress Required, option to wear daily)**
Gray Box Pleat Skirt Below the Knee
White Short Sleeve Oxford Blouse with Princess Seams OR White Long Sleeve Oxford Blouse with Princess Seams
Black Girls Classic School Blazer, eventually with school logo patch (official date TBD)
Adjustable Plaid Burgundy Tie
White Nylon Cable Knee-High Socks OR Black tights
Black Uniform Kick Short MUST be worn under the jumper if not wearing tights
Black closed toe and closed back dress shoes (i.e. Mary Jane or T Strap)
- **6 to 8 Girls Dress Code (Summer Uniform, starting May 1st)**
Gray Box Pleat Skirt Below the Knee
Burgundy Short Sleeve Pique Polo, with white embroidered logo “St. Theresa”
White Nylon Cable Knee-High Socks OR Black tights
Black Uniform Kick Short MUST be worn under the jumper if not wearing tights
Black closed toe and closed back dress shoes (i.e. Mary Jane or T Strap)

Male Student Uniform

Saint Theresa School students are expected to be well-groomed. Shirts must be tucked into pants at all times. Uniforms should be clean and pressed. The black fleece is still permissible from Blanchette’s spirit wear and will be available to order again this year.

Hair

Natural hair colors only. Hair must be short and cannot extend below the shirt collar. Natural hair colors only. Mohawks and non-traditional hairstyles are not allowed. Clear chapstick is permissible.

Jewelry

Watches may be worn (no smart watches or Apple watches). A simple chain necklace with a medal is allowed.

Outerwear

Boots for weather can be worn to school but students will be required to change into dress shoes (or sneakers on gym day) upon arrival. Outerwear (eg. hats, gloves, coats, non-uniform sweatshirts) may be worn to and from school and on the playground, but outerwear may not be worn in the classroom or in the church.

- **K to 5 Boys Dress Code**



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Charcoal Boys Straight Leg Dress Pants with Power Knees
White Short Sleeve Oxford Shirt OR White Long Oxford Shirt
Burgundy Adjustable Solid Color Tie
Burgundy Anti-Pill Crew Neck Cardigan Sweater OR V-Neck Sweater Vest, with white embroidered logo "St. Theresa"
Black Velcro-Closure Leather Belt OR Black Reversible Leather Belt
Black dress socks
Black dress shoes

- **K to 5 Boys Dress Code (Summer Uniform, starting May 1st)**

Gray Flat Front Stretch Performance Short
Burgundy Short Sleeve Pique Polo, with white embroidered logo "St. Theresa"
Black Velcro-Closure Leather Belt OR Black Reversible Leather Belt
White dress socks
Black dress shoes

- **6 to 8 Boys Dress Code**

Charcoal Boys Straight Leg Dress Pants with Power Knees
White Short Sleeve Oxford Shirt OR White Long Oxford Shirt
Burgundy Adjustable Solid Color Tie
Burgundy Anti-Pill Crew Neck Cardigan Sweater OR V-Neck Sweater Vest, with white embroidered logo "St. Theresa"
Black Reversible Leather Belt
Black dress socks
Black dress shoes

- **6 to 8 Boys Dress Code (Formal Dress Required, option to wear daily)**

Charcoal Boys Straight Leg Dress Pants with Power Knees
White Short Sleeve Oxford Shirt OR White Long Oxford Shirt
Burgundy Adjustable Solid Color Tie
Black Boys Classic School Blazer, eventually with school logo patch (official date TBD)
Black Reversible Leather Belt
Black dress socks
Black dress shoes

- **6 to 8 Boys Dress Code (Summer Uniform, starting May 1st)**

Gray Flat Front Stretch Performance Short
Burgundy Short Sleeve Pique Polo, with white embroidered logo "St. Theresa"
Black Reversible Leather Belt
White dress socks



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Black dress shoes

Physical Education Uniform

Providers, Lands' End Saint Theresa School and French Toast Saint Theresa School

- **Physical Education Uniform (All Grades, Female)**

Burgundy Short Sleeve Rapid Dry Polo Shirt OR Burgundy Long Sleeve Rapid Dry Polo Shirt, with white embroidered logo "St. Theresa"

Gray Girls Mesh Gym Shorts OR Gray Girls Sweatpants, eventually with school logo patch (official date TBD)

Black Quarter Zip Fleece Sweatshirt, optional and eventually with school logo patch (official date TBD)

Spirit Wear Sweatshirt and Fleece pants may also be worn for gym, optional

White socks

Any SOLID color athletic shoes

- **Physical Education Uniform (All Grades, Male)**

Burgundy Short Sleeve Rapid Dry Polo Shirt OR Burgundy Long Sleeve Rapid Dry Polo Shirt, with white embroidered logo "St. Theresa"

Gray Boys Mesh Gym Shorts OR Gray Jogger Sweatpants, eventually with school logo patch (official date TBD)

Black Quarter Zip Fleece Sweatshirt, optional and eventually with school logo patch (official date TBD)

Spirit Wear Sweatshirt and Fleece pants may also be worn for gym, optional

White socks

Any SOLID color athletic shoes